## CHECKLIST FOR TECHNICIANS GOING ABSENT-US (LWOP-US)

<u>ARMY</u>: Submit this form through <u>GEARS</u> with your <u>military orders</u> and <u>Standard Form 52</u> before entering military duty.

<u>AIR</u>: Submit this form to the <u>Remote Designee</u> with your <u>military orders</u> and <u>Standard Form 52</u> before entering military duty.

TECHNICIAN NAME:
Inclusive dates of military duty (As stated on military orders): to
You are encouraged to fill this form out with the HRO or the Remote Designee  DATE OF PHONE CALL OR APPOINTMENT WITH HRO:  *We are open T-F 0630-1700, scheduled appointments are encouraged however, and walk-ins are always welcome.  We are located at: Fifth Regiment Armory, 29th Division Street Baltimore, MD 21201  Our office numbers are 410-576-6047, 410-576-6046, 410-576-6121, 410-576-6052
1. I want to be:  Placed on Leave of Absence (Absent-US (LWOP-US)) effective (Date)  Separated from technician employment (Separation-US) effective (Date)
2. Military Leave, Annual Leave, Compensatory Time for Travel & LWOP  Leave able to be used PRIOR to effective date of ABSENT-US (LWOP-US)  Compensatory Time: to (Date to date)  Time Off Award: to (Date to date)
Leave able to be used AFTER effective date of ABSENT-US (LWOP-US)  (Fill out OPM 71 and turn into your timekeeper or Customer Service Representative)  Military Leave being used: to (Date to date)  Annual Leave being used: to (Date to date)  Sick Leave being used: to (Date to date)
3. TSP Loan: Do you have a TSP Loan? Yes No If yes, our office will complete a TSP Form 41 and notify TSP. If you acquire a loan while on military status, contact the HRO immediately at (410) 918-6047, or (410) 918-6046.
4. Health Benefits:
<ul> <li>Federal Employees Group Life Insurance (FEGLI). Continues up to 12 months at no cost to you.</li> <li>I am not presently covered by FEGLI.</li> <li>I elect to terminate my FEGLI after 12 months and reinstate upon return to duty.</li> <li>I elect to continue my FEGLI after 12 months, pay the agency and employee shares of the premiums while I am deployed and reinstate upon return to duty.</li> </ul>
6. Additional Benefits Federal Employee Dental and Vision Insurance Program (FEDVIP): Contact BENEFEDS at 1-877-888-3337. Long Term Care Insurance (LTCI): Contact LTC Partners at 1-800-582-3337 Flexible Spending Account (FSA): Contact FSA at 1-877-372-3337
7. Change of Beneficiary Forms  Federal Employees Retirement System (FERS): SF 3102 - File with the HRO.  Civil Service Retirement System (CSRS): SF 2808 - File with the HRO.  Thrift Savings Plan (TSP): TSP-3 - Mail to TSP at the address on the form.  Federal Employees' Group Life Insurance (FEGLI): SF 2823 - File with the HRO  * Do NOT erase, cross-out, or white-out anywhere on these forms

If there are any questions regarding the above please contact the HRO-Services section at: usaf.md.175-wg.list.hro-services@mail.mil

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8. Certification:		
I certify the above information is correct and I understand my elections, restoration rights, and benefits. I also acknowledge that I must remain in contact with my supervisor regarding my status.		
(Type or Print Name) (Personal Email)	(Signature and Date) (Cell Phone Number)	
NOTES		

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